

FACTS ABOUT COVID-19 Testing

Do I need to get tested for COVID-19?



Anyone who has symptoms of COVID-19 should get tested immediately. If you have been exposed to COVID-19, get tested 5 days after exposure or if symptoms develop. Get tested even if you are up-to-date on your COVID-19 vaccines. Other reasons to get tested include:

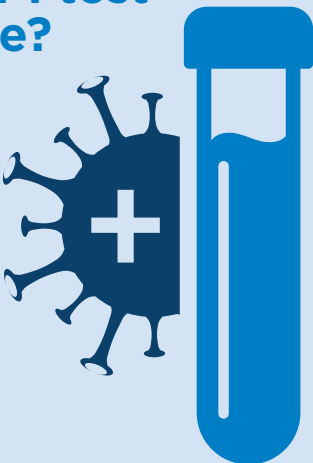
- You were asked or referred by your school, job, health care provider or a local health department. *Always confirm which types of tests are accepted by your requestor.*
- Before and after travel. *Always confirm which types of tests are accepted by your destination.*

How can I find a COVID-19 test?



- Find a list of free community testing events: ncdhhs.gov/GetTested. You can also find other testing sites at this link, but there may be a fee for testing at fixed locations.
- Your health care provider may provide COVID-19 testing. *There may be a fee for testing.*
- Find resources for at-home or self tests: covid19.ncdhhs.gov/HomeTests. Some options are free or allow for billing to health insurances.

What if I test positive?



Limit contact with others until you are fever-free, and your symptoms are improving. This should be at least 5 days since your symptoms began. Wear a mask until it has been a total of 10 days after symptoms began. [Visit the CDC's website for more information.](https://www.cdc.gov)

Seek medical care immediately if you have trouble breathing or experience other warning signs or if you are at high risk of getting very sick from COVID-19.

COVID-19 treatments are available and can lower your risk of hospitalization or death. Visit covid19.ncdhhs.gov/treatments or call 1-888-675-4567 for more.